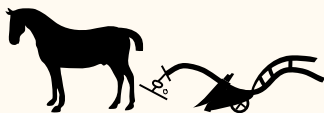


Monday - Friday
12pm - 5pm
Please order at the bar



PLOUGH ON THE MOOR

Lunch Menu

*Enjoy any sandwich and a drink from £6.50**

Breadcrumbs cod goujons on white bloomer bread with tartare sauce, served with fries or salad 6.50

Aubergine & harissa falafel open wrap with houmous, rocket & drizzled with coconut dressing (VE) 6.50

Chicken & avocado open sandwich with rocket & pickled red onions, drizzled with creamy garlic & lemon dressing, topped with pumpkin seeds, served with fries or salad 6.50

Toasted cheese melt on bloomer bread with mustard sauce, gherkins & caramelised onion, served with fries or salad 5.50

Sides

Halloumi fries 5.50

Side salad 3.25

Triple-cooked chips 3.75

Heritage potatoes 3.25

Tenderstem broccoli 3.25

Sweet potato fries 3.75

*Promotion includes any draught soft drink or bottle of water (330ml). Alcoholic drinks are available with a £2 upgrade and includes a pint of draft lager, cider or 175ml glass of wine (Pinot Grigio, Pinot Blush or house Cabernet Sauvignon). Subject to availability. Alcohol is served to those 18 years or over

Allergen Information. Our easy to use allergen guide is available for you to use on the food section of our website or on our Glass Onion app. We keep it online so that it's always as up to date as possible and you can filter out dishes containing any of the 14 major allergens. If you can't access the internet, we will be happy to provide you with the information.

Our food and drinks are prepared in food areas where cross contamination may occur and our menu descriptions do not include all ingredients. If you have any questions, allergies or intolerances, please let us know before ordering.

(V) = made with vegetarian ingredients, (VE) = made with vegan ingredients, however some of our preparation and cooking methods could affect this. If you require more information, please ask your server. A = this dish contains alcohol. Fish dishes may contain small bones.